

# Kids Activity Forum

## Set up an Active Schools Students Forum



The objective of the forum is to gather information from the students around their active learning and PE experiences.

We want your school to learn and grow each year, fine tuning the active opportunities your offer in school.

**Idea 1** A great way to start this process would be to use the School Council.

Here's our suggested format:

- PE lead meets with School Council (normally 2 children from each class).
- Go through the questions that they will ask their class.
- The Class Council reps select a number of children from their class to interview.
- The teacher could suggest a range of children based on their current levels of activity. Maybe 6 children, 3 per Class Council rep.

These interviews could take place straight after lunch as the register is being taken.

Ideally the questionnaire could be carried out in Autumn 1, Spring 1 and Summer 2.

**Idea 2** - Print off and give out the questionnaire to a selection children each term.

**Idea 3** - You could start an ACTIVE IDEA's box and encourage children to write down activity ideas they would like to do in school.



Example forum questions are featured on  
the next page!

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## Questions you could ask students...

### Questions

- \* How do you get to school?
- \* How would you like to get to school?
- \* Do you enjoy PE? Why?
- \* Do you always have your PE kit?
- \* How do you feel at the end of a PE lesson?
- \* What do you like to do at playtimes?
- \* Do you ever do any lessons outside?  
If yes, do you prefer indoor or outdoor lessons? Why?
- \* Do you always sit down to learn?
- \* Do you ever move around in the classroom?
- \* What do you like about moving in the classroom?
- \* What are your ideas to be more active in school?



**imoves**

These questions would need to be altered depending on the current level of activity within school. Include specific questions around interventions such as the Daily Mile or current active lessons that are done regularly.